Referanseliste til artikkel:

Kognitiv atferdsterapi for angst, depresjon og sinnevansker hos personer med utviklingshemning

Egnethetsvurdering, effekt og terapeutiske tilpasninger


Douglass, Sarah, Palmer, Katherine & O’Connor, Chris (2007). Experiences of running an anxiety management group for people with a learning disability using a cognitive


Howells, Patrick M., Rogers, Cathy & Wilcock, Sue (2000). Evaluating a cognitive/behavioural approach to teaching anger management skills to adults with


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